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КОЗЛОВСЬКА <<<<**



Описание:

Why does it happen so: By the way, do you remember Vika? She used to study with us and changed school 2 years ago? A skinny pretty girl. Why are you asking? I have met her this week. Poor girl, what happened? Vika told me that she was greatly fond of fast food, especially, hot dogs and fish sticks.

Coca was her favourite drink. So, as a result she gained weight and now she regularly consults the doctor, does special physical exercises and keeps to a very strict diet.

I see... But sometimes, from time to time, it is possible to break the rules to have fun and change my mood. Do you share my opinion? To be honest, if I have some pocket money, this is fun for me to have some chips and milk shake.

I think she is right. Answer the questions 1. Are you a big eater? Are you fond of it? Do you think it is possible to eat only useful and healthy food?

Are you in a bad mood when you are hungry? What products affect our health positively and negatively? How often do you eat fresh vegetables and fruit? How long can you live without sweets? Is the food we eat the only source of our energy?

Why ... about it? Does he ... Japanese? I have ... to her about you. She ... a little German. What are you ... about? I did not ... this. You should ... her that we are going to be late. If you are an emotion eater, keep the junk food like potato chips, ice cream and candy out of the house.

Keep healthy snacks like fruit, vegetables, nuts handy. It is very easy to eat too much when you are to enjoy your favourite film, football match or musical show.

It is difficult to keep a good health if you eat a lot. If you eat a lot of fast food, you have already stomach to find out how difficult it is to feel good and stay healthy. Fast food may be very appetite, but it contains too many ingredients which are bad for your health. Change the following sentences using Reported Speech. You have been asked to make a poster for a poster campaign in your school.

The topic of your poster which will be displayed around your school is Our Food and Healthy Lifestyle. The lecturer says that the foods we eat are the only source of our energy. We enjoyed it very much.

Anton tells me that Nina prepared such a tasty dinner and they enjoyed it very much. Granny says that she is going to cook a delicious dinner. Unit 1 Lesson 4 18 M G dz. Lesson 5 Wake up, Sleepy Teens! When we fall asleep in class, two things happen: All of these things affect our academic success. Lack of sleep can cause emotional troubles, such as feelings of sadness and depression. Here are some of the signs showing that you may need more sleep: Here are some tips that may help you to sleep enough.

Discuss them with you classmates. A dream is an imaginary 1... that goes on in our mind when we are asleep. Some dreams seem very 2.... We

can see, taste, hear, touch and smell in a dream, and most dreams are in colour. We all dream, usually for about minutes over 8 hour sleep. Where ... the story of a dream come from?

A dream is usually about things we done and feelings we have had the day before. It can also be based on our wishes, which often come true in our ... If you wish to become a rock star, you just dream that you are ...

So, go to bed and wake up at the same time every day. Try not to exercise right before bed. If you attend sports club, finish exercising at least three hours before bedtime. Avoid violent, scary, or action movies or television shows, exciting computer games right before bed.

Staying away from bright lights including computer screens! Naps of more than 30 minutes during the day may keep you from falling asleep later. Keep the little window open or air the room well before going to bed. Change the following direct general questions into Reported General Questions. Read the words and phrases in the box connected to our way of life. Decide if each thing is healthy or unhealthy. Then add your own ideas to each group.

Share your ideas with your classmates. What are you doing tonight? Are you coming to the club? I prefer doing things by myself. What kind of things? Well ... er..., listening to my CDs, playing the piano, doing jigsaw puzzles, many different things. I like being with my friends, chatting and laughing — but at home, not at a club. Mm... What do the members of that club do?

What do they talk about? They discuss different problems and try to solve them together. Do you know that the use of tobacco was prohibited in any church in Mexico and Spanish colonies in the Caribbean in The Ottoman sultan Murad IV prohibited smoking in his empire in Smoking was banned in Berlin in The first building in the world to have a smoke-free policy was the Old Government Building in Wellington, in New Zealand in As you see, many centuries ago people understood that smoking was very harmful for health.

How do you know about all these facts? My dad told me about it. He had learned a lot of interesting things about smoking before he gave up smoking some years ago. It was the first reason for him to realize how smoking was harmful! I am sure we should join the Debating Club as soon as possible to tell everybody this information.

See you at the Debating Club. Think of a situation in which this proverb might be used. Practically all teenagers at least once in their lives try to ... Many teenagers give up smoking after ... Some teenagers start smoking because ... We should convince the teenagers that when they are smoking, they are ... The most terrible thing happens when a teenager becomes a drug-addict. Drug-addict is dependent on the drug so much that without to take it he or she becomes seriously ill.

Many young people believe that drugs are excitement and fashion. Others sincerely believe that drugs are absolutely harmless things and bring only happy, fun and to enjoy.

Drugs damage practically all parts of the body, ruin it. Discuss the following questions. Is smoking dangerous for our health? Have you ever suffered from second-hand smoking? What do you know about drugs? Is it possible to stop drug using?

To your mind, what are the main reasons for a teenager to misbehave: Change the direct speech into reported speech as in the example. As a result I have problems with my lungs.

Add introductory verbs to say, to tell, to explain in the Past Simple. Olena and Oleh went to the concert yesterday. His dad gave up smoking 2 years ago. If we unite now, we will fight off dangerous habits tomorrow. They discussed the health dangers at the Debating Club last week. I like to spend my free time here, at the Debating Club. Many people believe that drugs are fashionable today. Find information about all negative sides of smoking to tell at the Debating Club.

Lesson 7 How to be Friendly and Happy Look at the photos and tell why people need friends and friendship. It is important to be able to admit that you are wrong. Match words with their definitions. Use adjectives from the box to complete the sentences. Olha is a very ... person. You can believe every word she says. George is very ... I think he cares more about his friends than about himself.

Ann is so She keeps winning all the school competitions. Andrew is very ... which is good because I am always forgetting things, or arriving late. Taras is a very ... friend. He is always on my side. Anton is very He makes all of us laugh all the time with his humorous stories. Discuss the statements with you classmates using the introductory words and phrases. A good friend is a person who is always in a good mood.

Friendship is a thing that teaches us how to get along with other people. Good friends are people who spend a lot of time together, and share secrets and experiences. True friends are people who are generous and keep promises. Friendship is a thing that helps us to be happy. A good friend is a person who always tries to understand you. A true friend sees the first tear, catches the second and stops the third.

Friendship doubles your joys, and divides your sorrows. To be depressed is to be lonely; to have a friend is to be happy. Make a new sentence using the Infinitive of Purpose. Change the direct reported questions into Reported Questions as in the example.

Do you often take part in sport competitions? Have you known each other for a long time? Will you arrange time to see your best friend tomorrow? Does Olha help you with Maths regularly?

Did you give your friend time to be alone? Does your friend do morning exercises regularly? Write an essay about friendship. Use these items as a prompt: After three days you will have trouble thinking, seeing and hearing.

Even speaking a sentence will be difficult. Read the statement and prepare arguments to support your opinion. Share your ideas with your classmates, responding to their contrarguments, as well. Some people believe that our modern lifestyle is very unhealthy.

However we tend to live longer than years ago. Complete the following sentences using to make sb do sth. His words made me ... that I was wrong. What made you ... that story? Nothing will make me ... junk food. Olha made her classmate His story made everybody Listen to the text. Read attentively the following sentences and combine them in a proper way. Any genetic mistakes can be very dangerous for ... nicer-looking, longer-lasting, more nutritional foods.

Scientists have played around with ... new foods we have never eaten before. Researchers created ... our genetics successfully for the last 3 billion years.

Scientists have been trying to create ... the future generation. Genetic engineers are producing ... the genetic structure of fruit and vegetables. Change it using Reported Speech. Doctor, my sleep is very poor. Пусть огромное количество учебников, тестовиков и рабочих тетрадей по английскому языку не пугают школьников, ведь наш сайт будет стоять на страже высоких отметок, новых знаний и хорошего настроения на протяжении всего десятого класса.

Решебники для 10 класса Учебники для 10 класса. Why Go to School? Is the Earth in Danger? Do You like Sports? Проверим домашнее задание по английскому языку В десятом классе ребята очень много времени уделяют изучению английского языка, новым темам, правилам и словам. Пять минут и уроки проверены Наш портал поможет всего за пять минут проверить уроки. Самостоятельная по английскому на уроке? Ждем Вас на нашем сайте! В школе - это твой помощник, который поможет тебе быстро найти ответ на задание или скачать учебник по школьной программе без всяких ограничений.